

Menu

Salads

Small \$8.25 Meal \$13.00

HOUSE

Green leaf lettuce, chicken, tomatoes, cucumbers, red onions, cheddar cheese with homemade house dressing

CHICKEN CAESAR

Green leaf lettuce, chicken, croutons, bacon, mozza cheese with homemade dressing

SPRING SALAD

Green leaf lettuce, chicken, strawberries, red onions, pecans with homemade sweet vinaigrette dressing

TACO SALAD

Green leaf lettuce, seasoned beef, tomatoes, green onions, cheddar cheese with Catalina dressing. Served with salsa and sour cream

GREEK SALAD

Green leaf lettuce, chicken, cucumbers, tomatoes, red onion, peppers, olives, feta cheese with homemade Greek dressing

STRAWBERRY SPINACH

Spinach, chicken, strawberries, red onions, mozza cheese, toasted almonds with poppy seed dressing

SUNDRIED TOMATO AVOCADO

Green leaf lettuce, cucumbers, red onions, croutons, avocado, mozza cheese with homemade sundried tomato dressing

MIXED BERRY SALAD

Green leaf lettuce, chicken, strawberries, blueberries, raspberries, Blackberries, with homemade sweet vinaigrette

Choice of pecans or sliced almonds

Paninis

\$10.00 With Soup/Salad \$13.50

GRILLED FLATBREAD WITH CHEESE, SPINACH, PEPPERS, TOMATOES, AND ONIONS.

CHICKEN RANCH

CHICKEN BACON RANCH

SOUTHWEST CHICKEN

BBQ SOUTHWEST CHICKEN

BUFFALO CHICKEN

CHICKEN SOUVLAKI - FETA/TZATZIKI

HAM & BACON - MAYO

HAM & CHEESE - MAYO

Sandwiches

\$8.00 With Soup/Salad \$11.50

SERVED ON CROISSANT, WHITE BREAD, BROWN BREAD OR GLUTEN FREE BREAD

HAM & CHEESE

Black forest ham, cheddar cheese, lettuce and mayo

TOASTED BLT

Bacon, lettuce, tomatoes and mayo

VEGGIE

Lettuce, cucumbers, tomatoes, red onions, peppers, cheese and mayo

TOASTED CLUBHOUSE

Ham, chicken, lettuce, tomatoes, and cheddar cheese, mayo

EGG SALAD

CHICKEN SALAD

Wraps

\$9.75 With Soup/Salad \$13.50

CHICKEN PECAN

Chicken, pecans, lettuce, tomatoes, cucumbers, red onions, cheddar cheese and ranch dressing

CHICKEN BACON

Chicken, bacon, lettuce, tomatoes, cucumbers, red onions, cheddar cheese and ranch dressing

BUFFALO CHICKEN

Chicken, lettuce, tomatoes, cucumbers, red onions, cheese and buffalo dressing

TACO

Green leaf lettuce, seasoned beef, tomatoes, cheddar cheese, green onions, with Catalina dressing. Served with salsa and sour cream

FALAFAL

Falafel, lettuce, tomatoes, cucumbers, red onions, cheddar cheese and ranch dressing

CHICKEN CAESAR

Lettuce, chicken, bacon, mozza cheese, and homemade dressing

HAM & CHEESE

Black forest ham, cheddar cheese, lettuce and mayo

GRILLED CLUB

Cheese, spinach, chicken, bacon, avocado, with side mango chipotle garlic aioli

GRILLED GREEK

Tzatziki, feta, spinach, mozza cheese, tomatoes, peppers cucumber, onion, greek dressing

Choice of chicken or falafel

And More

SOUP OF THE DAY

Small \$5.00 Large \$6.50

MARGHERITA FLATBREAD PIZZA

Sundried tomato pesto, mozza cheese, baked, then topped with tomatoes, red onion, basil pesto and fresh parmesan cheese. Drizzled with balsamic glaze

\$13.00

GREEK FLATBREAD PIZZA

Chicken, Greek dressing, tzatziki, peppers, red onions, olives, mozza cheese, baked, then topped with tomatoes and feta cheese. Drizzled with balsamic glaze

\$15.00

ASIAN NOODLE BOWL

Noodles, spiraled zucchini and cucumbers, shredded carrot, pea shoots, peanuts, sesame seeds with homemade peanut sauce

Choice of chicken, shrimp or avocado

\$13.25

CAJUN SOFT TACOS

Coleslaw, lime crema, avocado, mango salsa

Choice of chicken or shrimp

\$10.00 With Soup/Salad \$13.00

RICE WRAPS

Rice noodles, lettuce, tomatoes, cucumbers, red onion, wrapped in rice paper. Served with peanut satay sauce

Chicken or Shrimp

Premade daily, no custom orders

\$7.50 With Soup/Salad \$11.25



fresh
start